


VINE Hot Meals On Wheels

February 2024

Mon	Tue	Wed	Thu	Fri
<p><i>Menu is subject to change.</i></p> <p>Please call the hotline by 9 am if you'd like to cancel your meal for the day.</p> <p>387-4076</p>			<p>1</p> <p>3 oz. Roast Beef 1/2 c. Mashed Potatoes/Gravy 1/2 c. Peas & Carrots 1/2 c. Watermelon Wheat Bread/Butter</p>	<p>2</p> <p>8 oz. Chicken Wild Rice Soup 3 oz. Ham Sandwich 1/2 c. Broccoli Salad 1/2 c. Strawberries & Cream Crackers 1/2 c. Pudding</p>
<p>5</p> <p>6 oz. Goulash 1/2 c. Applesauce Wheat Bread/Butter 2"x2" Jello w/ Fruit & Wh. Topping</p>	<p>6</p> <p>3 oz. Pork Fritter 1/2 c. Oven Browned Potatoes 1/2 c. Cauliflower 1/2 c. Pineapple Wheat Bread/Butter</p>	<p>7</p> <p>6 oz. Baked Chicken 1/2 c. Rice 1/2 c. Green Beans 1/2 c. Mandarin Oranges Wheat Bread/Butter</p>	<p>8</p> <p>Chef Salad 1oz. Each: Turkey, Boiled Egg, Cheese on 1 c Lettuce/Salad Dressing 1/2 c Pears Wheat Bread/Butter 2"x2" Blueberry Crumble</p>	<p>9</p> <p>4 oz. Meatloaf 1/2 c. Potato Salad 1/2 c. Coleslaw 1 Banana Wheat Bread/Butter</p>
<p>12</p> <p>8 oz. Chicken Noodle Soup 1/2 c. Lettuce Salad 1/2 c. Fruit Cocktail Dinner Roll/Butter 1/8 Slice of Pie</p>	<p>13</p> <p>4 oz. Beef Tips/Gravy 1/2 c. Mashed Potatoes 1/2 c. Carrots 1 Orange Wheat Bread/Butter</p>	<p>14</p> <p>4 oz. Pulled Pork on Bun 1/2 c. Buttered Cabbage 1/2 c. Fruit Salad 1 Cookie</p>	<p>15</p> <p>8 oz. Creamy Vegetable Soup 3 oz. Egg Salad Sandwich 1/2 c. Tropical Fruit Crackers 2"x2" Cherry Cobbler</p>	<p>16</p> <p>3 oz. Lemon Chicken 1/2 c. Beets 1/2 c. Mixed Fruit Wheat Bread/Butter 2"x2" Angel Food Cake</p>
<p>19</p> <p>4 oz. Baked Fish Sticks 1/2 c. Macaroni & Cheese 1/2 c. Mixed Vegetables 1 Banana 1 Gingerbread Cookie</p>	<p>20</p> <p>4 oz. Meatballs/Gravy 1/2 c. Mashed Potatoes 1/2 c. Squash 1/2 c. Peaches Wheat Bread/Butter</p>	<p>21</p> <p>3 oz. Ham 1/2 c. Sweet Potatoes 1/2 c. Creamed Peas 1/2 c. Cantaloupe Wheat Bread/Butter</p>	<p>22</p> <p>8 oz. Chicken Chow Mein 1/2 c. Rice 1/2 c. Asian Vegetables 1/2 c. Melon Wheat Bread/Butter</p>	<p>23</p> <p>3 oz. BBQ Pork Chop 1 Baked Potato/Sour Cream 1/2 c. Glazed Carrots 1/2 c. Mandarin Oranges Wheat Bread/Butter</p>
<p>26</p> <p>6 oz. Tuna Noodle Hotdish 1/2 c. Country Blend Vegetables 1/2 c. Pears Wheat Bread/Butter 2"x2" Brownie</p>	<p>27</p> <p>3 oz. Salisbury Steak 1/2 c. California Blend Veg. 1/2 c. Blushing Pears Wheat Bread/Butter 2"x2" Pineapple Upside-down Cake</p>	<p>28</p> <p>8 oz Tomato Soup 3 oz. Grilled Cheese Sandwich 1/2 c Mixed Fruit Crackers 2"x2" Bar</p>	<p>29</p> <p>3 oz. Hamburger Steak 1/2 c. Scalloped Potatoes 1/2 c. Corn 1/2 c. Apricots Wheat Bread/Butter</p>	

