VINE Hot Meals on Wheels Menu

January 2024

Mon	Tue	Wed	Thu	Fri
Closed for the Holidays EAR	2 5 oz. Baked Chicken 1/2 c. Cheesy Potatoes 1/2 c. California Blend Veg. 1/2 c. Fruit Salad Wheat Bread/Butter	3 Stuffed Baked Potato - 2 oz. Ham, 1 oz. Cheese, 1/2 c. Broccoli / Sour Cream 1/2 c. Pineapple Wheat Bread/Butter 2"x2" Cheesecake	4 3 oz. Hamburger on a Bun w/ Lettuce & Tomato 1/2 c. Baked Beans 1/2 c. Fruit Cocktail 2"x2" Lemon Bar	5 8 oz. Navy Bean Soup 3 oz. Egg Salad Sandwich 1/2 c. Fruit Crackers 2"x2" Angel Food Cake
8 6 oz. Chicken in Cream Sauce 1/2 c. Rice Pilaf 1/2 c. Carrots 1/2 c. Peaches Wheat Bread/Butter	9 4 oz. BBQ Pork Chop 1/2 c. Oven Browned Potatoes 1/2 c. Peas 1/2 c. Mixed Fruit Wheat Bread/Butter	3 oz. Country Steak 1/2 c. Roasted Sweet Potatoes 1/2 c. Strawberries Wheat Bread/Butter 2"2" Fruit Crisp	Taco Salad: 3 oz. Taco Meat, 1/2 oz. Cheese/2 oz. Tortilla Chips 1 c. Lettuce/Chopped Tomatoes 2 T. Salad Dressing 1/2 c. Fresh Fruit	12 3 oz. Sloppy Joe on a Bun 1/2 c. Creamed Corn 1/2 c. Cantaloupe 2"x2" Frosted Chocolate Cake
15 3 oz. Roast Beef 1/2 c. Parslied Potatoes 1/2 c. Squash 1/2 c. Applesauce Wheat Bread/Butter	16 6 oz. Chicken Chow Mein 1/2 c. Rice 1/2 c. Asian Vegetables 1/2 c. Mandarin Oranges Wheat Bread/Butter	4 oz. Italian Meat Sauce 4 oz. Spaghetti Noodles 1/2 c. Lettuce Salad/Dressing 1/2 c. Pineapple Garlic Bread	8 oz. Chicken Vegetable Soup 3 oz. Ham Salad Sandwich 1/2 c. Fruit Cocktail Crackers 2"x2" Blueberry Crumble	19 4 oz. Swedish Meatballs 1/2 c. Paprika Potatoes 1/2 c. Beets 1/2 c. Pears Wheat Bread/Butter
8 oz. Tator Tot Hotdish 1/2 c. Mixed Vegetables 1/2 c. Honeydew Melon Wheat Bread/Butter 2"x2" Pumpkin Bar	3 oz. Ginger Citrus Chicken 1/2 c. Rice 1/2 c. Peas 1 Apple Wheat Bread/Butter	24 3 oz. Turkey 1/2 c. Mashed Potatoes/Gravy 1/2 c. Buttered Cabbage 1 Banana Wheat Bread/Butter	25 3 oz. Chicken Breast 1/2 c. Mashed Potatoes/Gravy 1/2 c. Glazed Carrots 1 Banana Wheat Bread/Butter	26 3 oz. Swiss Steak/Stewed Tom. 1 Baked Potato 1/2 c. Apricots Wheat Bread/Butter 1/2 c. Tapioca Pudding
29 4 oz. Breaded Fish Fillet on a bun 1/2 c. Buttered Noodles 1/2 c. Corn 1/2 c. Tropical Fruit Wheat Bread/Butter	30 8 oz. Beef Stew w/ Potatoes & Carrots 1 Banana Corn Bread/Butter 2"x2" Cherry Cobbler	31 8 oz. Chili 3 oz Grilled cheese sandwich 1/2 c. fruit Crackers 2"x2" Bread Pudding	Menu is subject to change without notice. Please call your orders or cancellations in by 3pm the day prior, & call for Monday by 3pm Friday afternoon.	Hot Meals on WHEELS