


# VINE Hot Meals On Wheels

# November 2023

Mon	Tue	Wed	Thu	Fri
<p><b>Please call the hotline by 3 pm the day prior &amp; call in for Monday by 3 pm Friday if you'd like to order or cancel a meal .</b></p>	<p><b>Menu is subject to change without notice.</b></p>	<p><b>1</b> 3 oz. Swiss Steak 1/2 c. Parslied Potatoes 1/2 c. Lettuce/Salad Dressing Wheat Bread/Butter 2"x2" Strawberry Shortcake</p>	<p><b>2</b> 8 oz. Beef Stew with Carrots &amp; Potatoes 1/2 c. Fruit Salad Wheat Bread/Butter 1/8 Slice Pie</p>	<p><b>3</b> 3 oz. Chicken Salad on Bun 1/2 c. Pasta Salad 1/2 c. Cauliflower 1 Banana 2"x2" Carrot Cake</p>
<p><b>6</b> 6 oz. Tuna Noodle Hotdish 1/2 c. Peas 1/2 c. Pineapple Wheat Bread/Butter 2"x2" Brownie</p>	<p><b>7</b> 3 oz. Roast Beef 1/2 c. Mashed Potatoes/Gravy 1/2 c. County Blend Vegetables 1/2 c. Apricots Wheat Bread/Butter</p>	<p><b>8</b> 5 oz. Oven Crispy Chicken 1/2 c. Macaroni &amp; Cheese 1/2 c. Harvard Beets 1 Orange 2"x2" Cake</p>	<p><b>9</b> 3 oz. BBQ Meatballs 1 Baked Potato 1/2 c. Creamy Cucumbers 1/2 c. Applesauce Wheat Bread/Butter</p>	<p><b>10</b> 3 oz. Hamburger on Bun 1/2 c. Carrot Raisin Salad 1/2 c. Mandarin Oranges 2"x2" Apple Crisp</p>
<p><b>13</b> 4 oz. Beef Stroganoff 1/2 c. Buttered Noodles 1/2 c. Wax Beans 1/2 c. Blushing Pears Wheat Bread/Butter</p>	<p><b>14</b> 8 oz. Broccoli Cheese Soup 3 oz. Tuna Sandwich 1/2 c. Melon Cubes Crackers 2"x2" Peanut Butter Bar</p>	<p><b>15</b> 3 oz. Pork Chop 1/2 c. Oven Brownd Potatoes 1/2 c. Squash 1/2 c. Strawberries Wheat Bread/Butter</p>	<p><b>16</b> 5 oz. Chicken Parmesan over 1/2 c. Noodles 1/2 c. Prince William Vegetable 1/2 c. Mixed Fruit Wheat Bread/Butter</p>	<p><b>17</b> 3 oz. Roast Turkey 1/2 c. Mashed Potatoes/Gravy 1/2 c. Green Beans 1/2 c. Cranberries 1/2 c. Stuffing 2"x2" Pumpkin Dessert</p>
<p><b>20</b> 8 oz. Potato Soup 3 oz. Roast Beef Sandwich 1/2 c. Fruit Cocktail Crackers 1 Gingerbread Cookie</p>	<p><b>21</b> 3 oz. Country Steak 1/2 c. Whole Potatoes 1/2 c. Glazed Carrots 1 Banana Wheat Bread/Butter</p>	<p><b>22</b> 6 oz. Chicken Ala King 1/2 c. Rice 1/2 c. Three Bean Salad 1/2 c. Watermelon Wheat Bread/Butter</p>	<p><b>23</b> <b>Closed For Thanksgiving</b></p> 	<p><b>24</b> 4 oz. Salmon Loaf 1/2 c. Mashed Potatoes 1/2 c. Creamed Peas 1/2 c. Peaches Wheat Bread/Butter</p>
<p><b>27</b> 8 oz. Chunky Vegetable Soup 3 oz. Turkey Sandwich 1/2 c. Tropical Fruit Crackers 2"x2" Chocolate Cake</p>	<p><b>28</b> 4 oz. Swedish Meatballs 1/2 c. Mashed Potatoes 1/2 c. Green Beans 1/2 c. Blushing Pears Wheat Bread/Butter</p>	<p><b>29</b> 4 oz. Meatloaf 1/2 c. Au Gratin Potatoes 1/2 c. Coleslaw 1/2 c. Fruit Cocktail Wheat Bread/Butter</p>	<p><b>30</b> 3 oz. Glazed Chicken 1/2 c. Brown Rice 1/2 c. Creamed Corn 1/2 c. Scalloped Apples Wheat Bread/Butter</p>	<p><b>387-4076</b></p> 