



VINE Hot Meals On Wheels

March 2023

Mon	Tue	Wed	Thu	Fri
<p><i>Menu is subject to change.</i></p> <p><i>Please call the hotline by 9 am if you'd like to cancel your meal for the day.</i></p>	<p>387-4076</p> 	<p>1 8 oz. Beef Shepherd's Pie 1/2 c. Corn 1 Orange Wheat Bread/Butter 2"x2" Raspberry Dessert</p>	<p>2 3 oz. Roast Turkey 1/2 c. Mashed Potatoes/Gravy 1/2 c. California Blend Vegetable 1/2 c. Rosy Applesauce Wheat Bread/Butter</p>	<p>3 8 oz. Tomato Soup 3 oz. Grilled Cheese Sandwich 1/2 c. Pineapple Crackers 2"x2" Blueberry Crumble</p>
<p>6 3 oz. Chicken Paprika 1/2 c. Au Gratin Potatoes 1/2 c. Harvard Beets 1/2 c. Stewed Apples Wheat Bread/Butter</p>	<p>7 4 oz. Pork Chop/Gravy 1/2 c. Mashed Potatoes 1/2 c. Cauliflower 1/2 c. Strawberries Wheat Bread/Butter</p>	<p>8 6 oz. Beef Stroganoff 1/2 c. Noodles 1/2 c. Country Blend Vegetables 1/2 c. Cantaloupe Wheat Bread/Butter</p>	<p>9 3 oz. Bratwurst & Sauerkraut/Bun 1/2 c. German Potato Salad 1 Apple 2"x2" Spice Cake</p>	<p>10 4 oz. Salmon Loaf 1/2 c. Hashbrown Casserole 1/2 c. Green Beans 1/2 c. Pears Wheat Bread/Butter</p>
<p>13 8 oz. Chicken Pot Pie 1/2 c. Broccoli 1/2 c. Fruit Cocktail Wheat Bread/Butter</p>	<p>14 5 oz. Oven Crispy Chicken 1/2 c. Macaroni & Cheese 1/2 c. Peas 1/2 c. Peaches</p>	<p>15 8 oz. Scalloped Potatoes & Ham 1/2 c. Peas & Carrots 1/2 c. Mixed Fruit Dinner Roll/Butter 2"x2" Poke Cake</p>	<p>16 8 oz. Irish Beef Stew w/ Potatoes & Carrots 1 Banana Irish Soda Bread/ Butter 1 Frosted Cookie</p>	<p>17 8 oz. Vegetable Soup 3 oz. Egg Salad Sandwich 1/2 c. Tropical Fruit Crackers 1/2 c. Pudding</p> 
<p>20 3 oz. Hamburger/Bun w/ Lettuce, Onion, & Tomato 1/2 c. Baked Beans 1/2 c. Blushing Pears 2"x2" Bar</p>	<p>21 4 oz. Swedish Meatballs 1/2 c. Paprika Potatoes 1/2 c. Prince William Vegetables 1/2 c. Watermelon Wheat Bread/Butter</p>	<p>22 8 oz. Chicken Dumpling Soup 3 oz. Turkey Sandwich 1/2 c. Green Beans 1/2 c. Fruit Salad Crackers</p>	<p>23 3 oz. BBQ Pork/Bun 1/2 c. Squash 1/2 c. Apricots 1/8 Slice Pie</p>	<p>24 4 oz. Pub House Fish 1/2 c. Buttered Noodles 1/2 c. Cooked Cabbage 1/2 c. Strawberries Wheat Bread/Butter</p>
<p>27 6 oz. Tator Tot Hotdish 1/2 c. Corn 1 Banana Wheat Bread/Butter 1 Cookie</p>	<p>28 6 oz. Chicken in Cream Sauce 1/2 c. Rice Pilaf 1/2 c. Glazed Carrots 1/2 c. Mandarin Oranges Wheat Bread/Butter</p>	<p>29 3 oz. Swiss Steak 1/2 c. Whole Parslied Potatoes 1/2 c. Stewed Tomatoes 1/2 c. Melon Cubes Wheat Bread/Butter</p>	<p>30 4 oz. Italian Meat Sauce 1/2 c. Spaghetti Noodles 1/2 c. Lettuce Salad/Dressing 1/2 c. Apricots Garlic Bread</p>	<p>31 8 oz. Potato Soup 3 oz. Ham Sandwich 1/2 c. Fruit Cocktail Crackers 2"x2" Brownie</p>