



VINE Hot Meals On Wheels

August 2022

Mon	Tue	Wed	Thu	Fri
1 4 oz. Beef Shepherd's Pie 1/2 c. Squash 1/2 c. Fruit Cocktail Wheat Bread/Butter 2"x2" Brownie	2 4 oz. Pork Chop 1/2 c. Rice Pilaf 1/2 c. Cooked Cabbage 1/2 c. Mandarin Oranges Wheat Bread/Butter	3 Chef Salad 1 oz. each: Turkey, Boiled Egg, Cheese On 1 c. Lettuce/Salad Dressing 1/2 c. Pears Wheat Bread/Butter 2"x2" Blueberry Crumble	4 3 oz. Roast Turkey 1/2 c. Sweet Potatoes 1/2 c. Strawberries Wheat Bread/Butter 2"x2" Bar	5 3 oz. Roast Beef/Gravy over 1/2 c. Rice 1/2 c. California Blend Veg. 1 Banana Wheat Bread/Butter
8 3 oz. BBQ Pork 1/2 c. Au Gratin Potatoes 1/2 c. Creamed Peas 1/2 c. Pineapple Wheat Bread/Butter	9 3 oz. Sloppy Joe on a Bun 1/2 c. Potato Salad 1/2 c. Corn 1/2 c. Peaches 1/2 c. Pudding	10 4 oz. Chicken 1/2 c. Mashed Potatoes/Gravy 1/2 c. Coleslaw 1/2 c. Fruit Salad Wheat Bread/Butter	11 Stuffed Baked Potato/Sr Cream: 2 oz. Ham, 1 oz. Cheese 1/2 c. Broccoli 1/2 c. Apricots Wheat Bread/Butter	12 3 oz. Swiss Steak w/ Tomatoes 1/2 c. Boiled Potatoes 1/2 c. Lettuce Salad/Dressing 1/2 c. Pears Wheat Bread/Butter
15 6 oz. Chicken Parmesan over 1/2 c. Noodles 1/2 c. Mixed Vegetables 1/2 c. Tropical Fruit Garlic Bread	16 6 oz. Tator Tot Hotdish 1/2 c. Beets 1/2 c. Strawberries Wheat Bread/Butter 2"x2" Frosted Jello w/ Fruit	17 3 oz. Country Steak 1/2 c. Scalloped Potatoes 1/2 c. Wax Beans 1/2 c. Cantaloupe Wheat Bread/Butter	18 8 oz. Navy Bean Soup 3 oz. Turkey Sandwich 1 Orange Crackers 2"x2" Lemon Angel Food Cake	19 4 oz. Meatballs/Gravy 1/2 c. Mashed Potatoes 1/2 c. Glazed Carrots 1/2 c. Fruit Cocktail Wheat Bread/Butter
22 3 oz. Ham 1/2 c. Paprika Potatoes 1/2 c. Country Blend Vegetable 1 Banana Wheat Bread/Butter	23 3 oz. Chicken Salad on Bun 1/2 c. Pasta Salad 1/2 c. Creamy Cucumbers 1/2 c. Watermelon 2"x2" Zucchini Cake 	24 6 oz. Turkey Noodle Hotdish 1/2 c. Peas 1/2 c. Scalloped Apples Wheat Bread/Butter 1 Cookie	25 4 oz. Beef Tips & Gravy 1/2 c. Rice 1/2 c. Cauliflower 1/2 c. Pineapple Wheat Bread/Butter	26 8 oz. Vegetable Soup 3 oz. Egg Salad Sandwich 1/2 c. Mandarin Oranges Crackers 2"x2" Butterscotch Pudding Dessert
29 8 oz. Chili 1/2 c. Apricots Crackers Corn Bread/Butter 2"x2" Peanut Butter Bar	30 3 oz. Cheeseburger on Bun w/ Lettuce & Tomato 1/2 c. Oven Browned Potatoes 1/2 c. Creamed Corn 1/2 c. Blushing Pears	31 3 oz. Chicken 1/2 c. Oven Browned Potatoes 1/2 c. Broccoli 1/2 c. Fruit Cocktail Wheat Bread/Butter	Menu is subject to change. Please call the hotline by 9 am if you'd like to cancel your meal for the day.	387-4076  Hot Meals on WHEELS